

### ABSTRACT OF THE INVENTION

A system and method are provided for self-application of a variety of face and body treatments. Specifically, the system includes a power-and-control console and a light-weight portable device having a plurality of spouts, designed for different portions of the body, and comprising different features. The different features are adapted for different modes of treatment, such as suction, macro-massage treatment, lower-chin firming treatment, breast firming treatment, warming light treatment, infrared light treatment, UV light treatment, LLLT, ultrasound treatment, pulsating magnetic field treatment, constant magnetic field treatment, electrostimulation treatment, cooling-diode treatment, warming-diode treatment, cooling-warming-diode treatment, mechanical epilation, photoepilation, and air blowing. Additionally, each spout includes at least two, and preferably three or more features, for applying different modes of treatment, in tandem or in sequence, in accordance with predetermined schedules. Furthermore, the system may include additional face and body treating devices, such as a face-and-body-cleaning-moisturizing-and-massaging device, hair and nail dryers, and an airbrush. Moreover, the vacuum source of the system may be reversed, for operating as a compressor, in conjunction with the hair and nail dryers and the airbrush. Alternatively, the exhaust of the vacuum source may be used as a compressor. Moreover, the system may further include a compressor to be used in conjunction with the hair and nail dryers, and the airbrush. Additionally, the system may include a sandblasting device for face and body treatment, devices for oxygen, ozone, steam, gentle lymphatic massage, and cupping treatments, and an erection massage device. The system may be provided in male and female versions, as well as in versions for the home and for clinics.